Galactic Architect

From the bottom rung of a ladder in the sky
I hang in the void.
Ultramarine is all I need.
Let it be simple,
build a cottage for the spirit
to rest and soar.
I trust, self-contained, in equipoise,
resources at my fingertips—
deep-rooted ghosts supporting
the foundation of a throne
to explore and claim whole worlds—
surprised to find you here with me
lighting up my life.

Hélène Cardona

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Hélène Cardona's *Life in Suspension* is called "a vivid self-portrait as scholar, seer and muse" by John Ashbery, and David Mason described *Dreaming My Animal Selves* as "liminal, mystical and other-worldly," adding, "this is a poet who writes in a rare light." Hailed as visionary by Richard Wilbur, Cardona's luminous poetry explores consciousness, the power of place, and ancestral roots. It is poetry of alchemy and healing, a gateway to the unconscious and the dream world. She has authored 5 translations, is the recipient of over 20 awards & honors, and her work has been translated into 19 languages.