Cobalt Poets Series # 665 ~ June 17, 2025

Morning After The Election

I can’t control
the vanishing
of bees

but I can control
the honey I swallow
to soothe
the vocal cords

I can't control boys
bully-tumbling
another boy

in the classroom
like they’re
in a mosh pit

but I can remember
rolling on hills
with boys being the bully

I can’t change my major
from drama to global peace

but I can write
similes of serenity

& poetic sermons
in temples
of matrimonial fanfare

I know the bombs, the explosives,
and Molotovs are overhead

and I can't control
the lottery, the multiverses,
and tomorrow’s astrology

but whatever tarot card I pick
or whatever
gets thrown
at my face:

Hangman
or Fallen Towers

I can express
my weathering emotions

to sing while hoarse
to control air placement
to find the chakra

the right amount of air
to pass through my throat

oh sing with me
the octave between

blade & nectar
rubble & clouds
ash & mountain

Regie Cabico

Regie Cabico is the author of *A Rabbit in Search of a Rolex* (Day Eight, 2023) and the interim Executive Director for A Gathering of the Tribes. He is a Nuyorican Poet Cafe Grand Slam Champion and has appeared on HBO's Def Poetry Jam, TEDx Talk, NPR's *Snap Judgement,* and two episodes of *The Poet Speaks* Season 1. He resides and works in the lands of the Piscataway and Lenapehoking Tribes.