DYSPHORIA

To stand with an empty shopping cart,
under beaten, rain-bruised clouds,
to stop every motion, to inhale
courage, and exhale anxiety.

To stand silent, to exile thoughts,
amid this army of parked cars,
to feel a chaotic stir vibrate,
muddled, staring, singular.

To stand motionless, in the middle
of this grocery store parking lot,
unable to decide where to go
or how to restore myself?

To stand here immobile,
a forlorn potted tree,
thirsty, deserted,
on this asphalt,
next to the
cart return,
waiting to
breathe

again.

LINDA SINGER

Cobalt Poets Series # 472 ~ March 23, 2021 ~ PoetrySuperHighway.com/cobalt

Linda Singer, actress, playwright and poet, has published short stories, editorials and poetry in Literary Journals including T*he Moment, Spectrum, Redshift 4, Palos Verdes Library District Anthology* and *Reader's Digest*. She sold a script to the TV series, *Evening Shade,* has had one act plays produced in Dallas and at the Edye Theater in Santa Monica. Her latest chapbook, *Wingless*, is available on Amazon. Linda hosts a poetry venue, Poetry Apocalypse, which features open mic poetry and currently meets on Zoom every Sunday afternoon at 4:00 PM. Linda had a small role in Roy Rodgers last movie released in 1975.