I am living on an island

Erin Mizrahi

which is a metaphor for
how I feel but is also
an actual island I'm
behind on my everything
I've been tired for
generations most days
I don't know what
day it is slept through
a workshop on motherhood &
capitalism & I'm certain that means
something about vulnerability &
how now that I'm just milk &
lullaby all I want is to make
you laugh when you ask
how I'm doing you ever just want
to watch videos of coral spawning a whole
constellation under water thinking
no one is ever hydrated &
even the sea is losing itself

Erin Mizrahi is a writer, teacher, collaborator and co-founder of *Cobra Milk*. Erin is author of the forthcoming chapbooks *To What End:* (Ethel Press 2026) and *I'm Doing My Best To Make Everything Holy* (Faint Line Press 2026) as well as co-author of the micro-chapbook, *If We Break, Where We Break, How We Break* (Ghost City Press 2023). Erin holds a Ph.D. in Comparative Literature and Media from USC and has received fellowships from Asylum Arts and The Institute for Jewish Creativity.

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